



≤ **MAY 2019** ≥



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Orthros Gospel and Tone Schedule			Fasting Symbols							
Sunday	Gospel	Tone		Strict Fast						
5	1			Wine/Oil Allowed						
12	4	Second		Fish Allowed						
19	5	Third		Fast Free						
26	7	Fourth								
5	<b>Thomas Sunday</b> 9 am Orthros/Matins 10 am Divine Liturgy Matthew 28:16-20 Act 5:12-20 John 20:19-31		6	Acts 3:19-26 John 2:1-11		7	Acts 26:1; 12-20 John 3:16-21		8	John 21:15-25 I John 1:1-7 John 19:25-28; 21:24-25 7 pm Paraklesis to St. Nectarios
12	<b>Sunday of the Myrrh Bearing Women</b> 9 am Orthros/Matins 10 am Divine Liturgy Luke 24:1-12 Acts 6:1-7 Matthew 15:43-47; 16:1-8		13	Acts 6:8-15; 7:1-5, 47-60 John 4:46-54		14	Acts 8:5-17 John 6:27-33		15	Acts 8:18-25 John 6:35-39 7 pm Paraklesis to St. Nectarios
19	<b>Sunday of the Paralytic</b> 9 am Orthros/Matins 10 am Divine Liturgy Luke 24:13-35 Acts 9:32-42 John 5:1-15		20	Acts 10:1-16 John 6:56-69		21	<b>Constantine &amp; Helen Equal-to-the-Apostles</b> 8:30 am Divine Liturgy John 10:9-16 Acts 26:1; 12-20 John 10:1-9		22	Acts 14:6-18 John 7:14-30 7 pm Paraklesis to St. Nectarios
26	<b>Sunday of the Samaritan Woman</b> 9 am Orthros/Matins 10 am Divine Liturgy John 20:1-10 Acts 11:19-30 John 4:5-42		27	Acts 12:12-17 John 8:42-51		28	Acts 12:25; 13:1-12 John 8:51-59		29	Acts 13:13-24 John 6:5-14 7 pm Paraklesis to St. Nectarios
									30	Acts 14:20-28; 15:1-4 John 9:39—10:9
									31	Acts 15:5-12 John 10:17-28