



JULY 2019



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

	<p>Cosmas & Damian 1 The Holy Unmercenaries 8:30 am Divine Liturgy I Corinthians 12:27-31; 13:1-8 Matthew 10:1, 5-8</p>	<p>2 Hebrew 9:1-7 Luke 1:39-49,56</p>	<p>3 Romans 8:2-13 Matthew 10:16-22 7 pm Paraklesis to St. Nectarios</p>	<p>4 Romans 8:22-27 Matthew 10:23-31</p>	<p>5 Galatians 5:22-26; 6:1-2 Matthew 11:27-30</p>	<p>6 Romans 3:28-31; 4:1-3 Matthew 7:24-29; 8:1-4</p>															
<p>7 Third Sunday of Matthew 9 am Orthros/Matins 10 am Divine Liturgy Mark 16:9-20 Galatians 3:23-29; 4:1-5 Matthew 6:22-33</p>	<p>8 I Timothy 4:9-15 Luke 6:17-19; 9:1-2; 10:16-21</p>	<p>9 Romans 10:11-21; 11:1-2 Matthew 11:16-20</p>	<p>10 Romans 11:2-12; Matthew 11:20-26 7 pm Paraklesis to St. Nectarios</p>	<p>11 Euphemia the Great Martyr Mark 5:24-34 II Corinthians 6:1-10 Luke 7:36-50</p>	<p>12 Romans 11:25-36 Matthew 12:1-8</p>	<p>13 Hebrews 2:2-10 Matthew 8:14-23</p>															
<p>14 Holy Fathers of the 4th Ecumenical Council 9 am Orthros/Matins 10 am Divine Liturgy Luke 24:1-12 Titus 3:8-15 Matthew 5:14-19</p>	<p>15 I Corinthians 13:11-14; 14:1-5 Matthew 17:24-27; 18:1-4</p>	<p>16 Romans 14:9-18 Matthew 12:14-16; 22-30</p>	<p>17 Galatians 3:23-29; 4:1-5 Mark 5:24-34 7 pm Paraklesis to St. Nectarios</p>	<p>18 Romans 15:17-29 Matthew 12:46-50; 13;1-3</p>	<p>19 Romans 16:1-16 Matthew 13:3-9</p>	<p>20 Elias the Prophet James 5:10-20 Luke 4:22-30</p>															
<p>21 Fifth Sunday of Matthew 9 am Orthros/Matins 10 am Divine Liturgy Luke 24:13-35 Romans 10:1-10 Matthew 8:28-34; 9:1</p>	<p>22 I Corinthians 9:2-12 Luke 8:1-3</p>	<p>23 I Corinthians 1:1-9 Matthew 13:24-30</p>	<p>24 I Corinthians 2:9-16; 3:1-8 Matthew 13:31-36 7 pm Paraklesis to St. Nectarios</p>	<p>25 Galatians 4:22-27 Luke 8:16-21</p>	<p>26 Paraskeve the Martyr of Rome 8:30 am Divine Liturgy Galatians 3:23-29; 4:1-5 Mark 5:24-34</p>	<p>27 Panteleimon the Great Martyr and Healer 8:30 am Divine Liturgy II Timothy 2:1-10 John 15:17-27; 16:1-2</p>															
<p>28 Sixth Sunday of Matthew 9 am Orthros/Matins 10 am Divine Liturgy Luke 24:36-53 Romans 12:6-14 Matthew 9:1-8</p>	<p>29 I Corinthians 5:9-13; 6:1-11 Matthew 13:54-58</p>	<p>30 Acts 15:35-41 Matthew 14:1-13</p>	<p>31 I Corinthians 7:12-24 Matthew 14:35-36; 15:1-11 7 pm Paraklesis to St. Nectarios</p>	<p>Orthros Gospel and Tone Schedule</p> <table border="1"> <thead> <tr> <th>Sunday</th> <th>Gospel</th> <th>Tone</th> </tr> </thead> <tbody> <tr> <td>7</td> <td>3</td> <td>Second</td> </tr> <tr> <td>10</td> <td>4</td> <td>Third</td> </tr> <tr> <td>21</td> <td>5</td> <td>Fourth</td> </tr> <tr> <td>28</td> <td>6</td> <td>Plagal First</td> </tr> </tbody> </table>		Sunday	Gospel	Tone	7	3	Second	10	4	Third	21	5	Fourth	28	6	Plagal First	<p>Fasting Symbols</p> <ul style="list-style-type: none"> Strict Fast Wine/Oil Allowed Fish Allowed Fast Free
Sunday	Gospel	Tone																			
7	3	Second																			
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21	5	Fourth																			
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